

Semester Goal Setting

*“It must be borne in mind that the tragedy of life does not lie in not reaching your goal.
The tragedy of life lies in having no goal to reach.” -Benjamin Mays*

What would you like to accomplish this semester? Select three stretch goals and break them down into actionable steps. Stretch goals are goals that are just beyond your reach.

Goal	Action Steps
Example: <i>I want to turn in every assignment this semester.</i>	<input type="checkbox"/> <i>Make a semester calendar</i> <input type="checkbox"/> <i>Break larger assignments into steps with due dates</i> <input type="checkbox"/> <i>Plan weekly study times</i>
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Set three check-in dates to re-visit your goals. Write these dates in your calendar. On the back, write an honest update about your progress. Revise the steps of your plan if needed.

Check-in dates

- 1.
- 2.
- 3.

Report your progress on each of your goals. Determine if you need to adjust your action steps.

Check-in date: Progress: Revisions:
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“It isn’t a calamity to die with dreams unfulfilled, but it is a calamity not to dream.”
-Benjamin Mays